



Rhody Regatta Helps Launch Narragansett Bay Racing Season

Race Around Conanicut Island will Benefit Meals on Wheels of Newport County

NEWPORT, R.I. (March 4, 2026) – The fourth annual [Rhody Regatta](#), hosted by the International Yacht and Athletic Club (IYAC) on Saturday, May 30, will help kick off the 2026 sailing season on Narragansett Bay. Designed to combine spirited competition with meaningful community impact, the event this year benefits [Meals on Wheels of Rhode Island](#), which provides nutritious meals and essential support services to homebound seniors and individuals in need throughout the region.



3RD ANNUAL RHODY REGATTA | NEWPORT, RHODE ISLAND USA | ©2025 STEPHEN R. CLOUTIER

The fourth annual Rhody Regatta to benefit Meals on Wheels Rhode Island is Saturday, May 30. Pictured is the J/109 *Picante*, which won one of four PHRF classes sailing in 2025. Photo by Stephen Cloutier **Ctrl+Click to download in high resolution.**

“The Rhody Regatta has quickly established itself as a favorite early-season test,” said Mick Harvey, who co-chairs the event with IYAC co-owner Pat Kennedy. “It’s the perfect way to tune up boats and crews after the offseason while supporting a cause that makes a real difference in our community.”

The Rhody Regatta features a single 18-mile course circumnavigating Jamestown (also known as Conanicut Island), offering a dynamic mix of open-water legs and tactical shoreline sailing. The start and finish area will be set near Fort Adams, placing the fleet squarely in the heart of Newport’s storied sailing grounds.

Eligibility & Format

The Rhody Regatta is open to all Cruising/Racing Yachts, with or without a 2026 PHRF of Narragansett Bay handicap. The fleet will be divided into handicap and one-design classes according to rating and other factors at the discretion of IYAC Race Management.

More About IYAC

The International Yacht and Athletic Club serves as Newport’s favorite sailors’ bar and is an official US SAILING-affiliated club with registered members. The IYAC Race Committee runs several area regattas for everything from sport boats to Maxi yachts, contributing significantly to the region’s vibrant racing calendar.

Registration & Information

The NOR and registration links on yachtscoring.com will be posted shortly. For more information, visit <https://iyacnewport.com/> or email IYACNPT@gmail.com or mick@mickharveyyachting.com.